

California's Valued Trust is pleased to offer this new service at no cost to Active and non-Medicare retiree members and their eligible dependents who have coverage through their PPO plan, as well as COBRA members.

Your medical decisions are about to get a whole lot easier.



- Support from a dedicated team of doctors, nurses and researchers
- Information to help you better understand your medical condition and treatment options
- Answers to your questions (or guidance, if unsure of what to ask)
- Recommendations for top-rated specialists and hospitals
- Help getting a second opinion when you need one

About ConsumerMedical

ConsumerMedical is **Your Medical Ally** for confidential, one-on-one support to help you and your family make informed decisions about any medical condition, such as cancer, lower back pain, asthma, osteoarthritis, high blood pressure, ADHD, diabetes and stress, to name a few.

Has your doctor recommended surgery?

If a doctor has recommended one of these five surgeries:

Lower back surgery | Hip or knee replacement Weight loss surgery | Hysterectomy

Participants may be eligible to receive a \$400 gift card for learning about treatment options.

More information about this valuable benefit will be available in October.

Coming Soon! Available October 1, 2018

Questions? Please call CVT Member Services (800) 288-9870 for more information.

consumermedical®

Your Medical Ally®